



Families Near and Far

<http://www.familiesnearandfar.org/resources/>

Families Near and Far is a free bilingual website where families can create, communicate, and stay connected. Developed for military families, the site provides new ways for preschool and school-aged children to express themselves and communicate within their own family networks.

Military OneSource

<http://www.militaryonesource.mil/>

Military OneSource is provided by the Department of Defense at no cost to active duty, Guard, and Reserve service members (regardless of activation status), and their families. It is a virtual extension of installation services.

Information includes, but is not limited to, deployment, reunion, relationship, grief, spouse employment and education, parenting and childhood, and much more.



Military Kids Connect

<http://militarykidsconnect.t2.health.mil/>

Military Kids Connect (MKC) is an online community for military children that provide access to age-appropriate resources to support children dealing from pre-deployment, through a parent or caregiver's return. The interactive bulletin board also has a section for parents and caregivers.

Military Youth On The Move

<http://apps.militaryonesource.mil/MOS/f?p=MYOM:HOME2:0>

For kids, preteens, and teenagers, this website offers advice and info on moving, social life, school, and more.



FOCUS Project

<http://focusproject.org/>

FOCUS (Families OverComing Under Stress) provides training to military couples, children and families in core resilience skills. These skills increase closeness, support, communication and adaptability.

FOCUS Quantico

Building 2034, Little Hall, Rm 205

Quantico, VA 22134

Phone 703.784.0189

Quantico@focusproject.org

